

QUESTIONNAIRE ABOUT HOW YOU STUDY

Answer each question by placing a checkmark in the box that describes you best.

PLANNING YOUR TIME	ALMOST ALWAYS	MORE THAN HALF THE TIME	ABOUT HALF THE TIME	LESS THAN HALF THE TIME	ALMOST NEVER
1. Do you keep up to date on your assignments?					
2. Do you have a study time each day to do homework and review your notes?					
3. Do you divide your study time to make sure all the subjects are studied?					
4. Do you ask your teachers every 2-3 weeks if you are missing any assignments?					
5. If you are away, do you go see the teacher to ask for handouts and notes when you return to school?					

HOME: STUDY SPACE	ALMOST ALWAYS	MORE THAN HALF THE TIME	ABOUT HALF THE TIME	LESS THAN HALF THE TIME	ALMOST NEVER
6. Is your desk neat?					
7. Do you study in a quiet place? (Nothing noisy to disturb you?)					
8. Do you study by yourself?					
9. Do you have everything you need when you sit down to study and do homework?					

BEGINNING TO STUDY	ALMOST ALWAYS	MORE THAN HALF THE TIME	ABOUT HALF THE TIME	LESS THAN HALF THE TIME	ALMOST NEVER
10. Do you look at the Table of Contents for new textbooks?					
11. Before starting an assignment based on a textbook, do you look over the chapter and check headings, summaries, and illustrations?					

READING STRATEGIES	ALMOST ALWAYS	MORE THAN HALF THE TIME	ABOUT HALF THE TIME	LESS THAN HALF THE TIME	ALMOST NEVER
12. Do you try to learn the meaning of important new terms/vocabulary?					
13. When you read your textbook, are you trying to find answers to questions?					
14. During and after you read a section, do you try to figure out what the point/main idea is?					
15. Are you able to read without saying each word to yourself?					
16. Besides required textbooks, do you read over the handouts and class notes?					

TAKING NOTES	ALMOST ALWAYS	MORE THAN HALF THE TIME	ABOUT HALF THE TIME	LESS THAN HALF THE TIME	ALMOST NEVER
17. Do you take more notes while you are reading your textbooks/novels?					
18. Do you re-read your notes later the same day?					
19. Do you summarize or try to add more to your notes later?					
20. Do you know how to take notes on paragraphs/chapters and novels?					
21. Do you use flashcards?					
22. Do you ever try to find connections to other subjects or life experiences?					
23. Do you try to figure out the main idea?					
24. Do you copy down everything the teacher writes on the board/projector screen? (Even if they don't remind you?)					
25. Do you create new study notes from your notes, handouts and chapter readings?					
26. Do you type up your notes again on computer?					
27. (Using Google Docs, Word, OneNote, Evernote, etc)?					
28. Do you take photos of your notes for studying on your phone?					

STUDYING FOR EXAMS/TESTS	ALMOST ALWAYS	MORE THAN HALF THE TIME	ABOUT HALF THE TIME	LESS THAN HALF THE TIME	ALMOST NEVER
29. Before a test, do you find out what to study?					
30. Do you make new notes (rewriting, or combining notes) to help you study?					
31. Do you start studying two or more days earlier?					
32. Have you ever had a teacher give you tips on how to write different types of tests?					
33. Do you make up questions and try to answer them?					
34. If you discover something that confuses you, do you ask the teacher for another explanation?					
35. Do you go to Tutorial to have the teacher double check your study notes?					

TAKING TESTS /TEST DAY	ALMOST ALWAYS	MORE THAN HALF THE TIME	ABOUT HALF THE TIME	LESS THAN HALF THE TIME	ALMOST NEVER
36. Do you read all the instructions for each section?					
37. Do you flip through the test to see how long it is?					
38. Do you check the clock to see how much time you have left?					
39. Do you leave a few minutes at the end to double check your answers?					
40. For short answer/written tests, do you try to come up with a few ideas before you start writing your official answer?					

YOUR STRONG POINTS: Which questions did you answer “ALMOST ALWAYS” or “MORE THAN HALF OF THE TIME”? Write down the sections headings (eg, “Planning your time”) and question numbers here:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

NEW AREAS TO WORK ON: Which questions did you answer “LESS THAN HALF” or “ALMOST NEVER”? Write down the sections headings (eg, “Planning your time”) and question numbers here:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____